

centre
SAFE

empowering
survivors
eliminating
violence



Providing Safety

24-hour Hotline: trained counselor/advocates support individuals who have experienced violence and direct them to services

Emergency Shelter: short-term housing for those fleeing abuse/violence, with the goals of providing safety and working toward self-sufficiency

Crisis Counseling & Ongoing Advocacy: empowerment counseling, information about and referrals to other services, help navigating services, and safety planning

Protection Orders: assistance in obtaining civil orders of protection for victims of abuse, sexual violence, or intimidation, including emergency orders

Legal Advocacy: emotional support and victim advocacy for those navigating the complexities of the legal system

Medical Advocacy: on-site support for victims of sexual assault as they undergo a forensic medical examination and interview

**All services are
confidential and free.**

Transforming Lives

Transitional Housing: a survivor-centered residential program lasting up to one year where residents establish goals that they believe will move them to the next step in their lives

Support Groups: peer support groups that provide information and give participants a safe and confidential outlet to discuss past abuse and issues related to healing

Economic Empowerment: to help survivors overcome the financial barriers to safety and develop the skills necessary for economic independence

Civil Legal Representation: free legal assistance, advice, representation, and referrals to victims, particularly in areas of divorce, custody, child/spousal support, Title IX, sexual assault, protection orders, and immigration matters

Supervised Visitation & Custody Exchanges: a safe and supportive environment for parent and child victims of family violence to conduct monitored custody exchanges and supervised visitation

Children's Counseling: counseling, service plan development, advocacy, support group, and assistance for children and youth who are victims of or have witnessed violence

Engaging Community

Community Education: interactive educational programs for community groups on topics of domestic violence, sexual assault, child abuse, and violence prevention

School-based Programs: evidence-supported violence-prevention curricula, designed to be developmentally appropriate for students from Pre-K through college

Professional Training: programs including certified PA Mandated Reporter Training and training on preventing and addressing domestic violence and sexual harassment in the workplace

Youth Engagement: working with young people to intentionally challenge the roots of violence and build ally skills, including our social justice camp, *Camp Peaceworks*

Awareness Campaigns: awareness-raising events and media campaigns during important dates such as Sexual Assault and Domestic Violence Awareness months

Outreach Initiatives: public events, public media outreach, and social media initiatives to promote cultural change toward a safer society

Volunteer Opportunities: ways for community members to work and engage with the center, including hotline counselor/advocate training, and opportunities to help at community events

Are you experiencing any of the following?

Domestic Violence

Has your partner ever:

- Become extremely jealous or insecure
- Isolated you from family or friends
- Acted extremely possessive
- Threatened to hurt or harm you
- Tried to financially control you
- Put you down, insulted, or humiliated you in public/private
- Controlled how you dress
- Required you to constantly check in
- Forced you to be with them all the time
- Pressured you to have sex
- Physically hurt you in any way
- Made light of harmful actions

Sexual Assault

Has anyone ever:

- Forced, pressured, and/or manipulated you into having sex
- Made you have sex in exchange for money, food, or other form of payment
- Sexually harassed you by making unwanted sexual remarks, gestures, or advances
- Touched or contacted you in any way that you did not want

Stalking

Has anyone ever:

- Followed you on foot, by vehicle, or electronically
- Sent unwanted letters, emails, texts, or calls
- Made any other unwanted contact causing you to feel fearful

If you or someone you love can answer "yes" to any of these questions, please reach out to **Centre Safe** for help.

No one deserves abuse.

You have the right to be safe.

You have the right to be heard.

We are here for you.

You are not alone.

Call us 24-hours a day at

1.877.234.5050

Professional, confidential, and free services for anyone who may have experienced dating violence, domestic violence, sexual assault, or stalking, and for concerned loved ones.



centresafe.org



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24 HOUR HOTLINE: 1.877.234.5050

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